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A review of energy optimization modelling tools for the decarbonisation of wastewater treatment plants

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Abstract

Wastewater treatment plants strongly contribute to the Greenhouse Gas emissions of the water industry and are responsible for the 3% of the global energy demand. This proportion of energy is expected to double in the coming decade. It is therefore important to correctly investigate the optimal use of energy in wastewater treatment facilities that can reduce their Greenhouse Gas emissions. A review was developed on modelling tools that can be used for the analysis of the water-energy nexus in wastewater facilities, from over 200 research articles collected from different scientific resources published in the last 15 years. The aim was to analyse the state of art of existing tools to provide an aid for researchers and professionals to identify the most suitable tool to investigate decarbonisation strategies for wastewater facilities. Studies were grouped on the basis of the main intervention analysed: i) reduction of energy demand, ii) energy production from wastewater and iii) integration of the available renewable sources on-site (e.g. PV, hydro). The work developed also provides an overview of the most applicable decarbonisation strategies and their potential to reduce the CO₂ emissions of wastewater facilities. Results show that identifying the best tool strongly depends on the main aim of the intervention. Existing tools, in fact, can help to analyse separately either technologies to reduce the energy demand or the integration of the most common renewable sources from both wastewater (i.e. biogas and heat recover) and renewable sources exploitable on site. However, the full decarbonisation of wastewater facilities can only happen by integrating different energy savings and renewables solutions. There is, therefore, the need for a comprehensive energy-water optimization tool able to understand how key water parameters influence the energy demand and to identify, on a single platform, the best energy saving solutions and the benefits coming from integrating different renewable sources. Such platform could help in enhancing

the benefits of combined solutions, helping to maximise the reuse of the renewable energy produced onsite and any opportunity of energy savings.

Keywords

Modelling tools, Wastewater treatment, Energy optimization, Energy recovery, Renewable energy.

Highlights

- Wastewater treatment plants account for 56% greenhouse gas emissions of the water industry.
- An overview of potential energy decarbonisation strategies is presented.
- Analysis of energy optimisation tools for wastewater treatment plants is developed.
- Modelling tools for assessing either the energy benchmarking or renewables are available
- Need to integrate energy benchmarking, resource recovery and renewables in a single platform.

Abbreviations

AA	Aerobic and Anoxic
AC	Alternative current
A ² O	Anoxic-Anaerobic-Oxic
AAS	Altering activated sludge process
AD	Anaerobic digester
A _T	Alkalinity
AFF	Artificial neural network
AFR	Average flow rate
A/O	Anaerobic/Oxic
ASPs	Activated sludge process
BNR	Biological nitrogen removal

BOD	Bio-chemical oxygen demand
CHP	Combined heat and power
CLEW	Climate, Land-use, Energy and Water
COD	Chemical oxygen demand
DC	Direct current
DO	Dissolved oxygen
DS	Dry solid content
DYNO	Dynamic optimization solver
EB	Energy benchmarking
EC	Electro-coagulation
ED	Energy demand
EED	Electrical energy demand
EO	Electro-oxidation
EOS	Energy Online System
ER	Energy recovery
EQ	Effluent quality
FL	Fuzzy logic
FOG	Fat, oil and grease
FR	Flow rate
GA	Genetic algorithm
GAMS	General Algebraic Modelling Software
GHGs	Greenhouse gases
HP	Heat pump
HRT	Hydraulic retention time

IRENA	International Renewable Agency
KPIs	Key performance indicators
LBE-INRA	Inra-Lbe Laboratoire De Biotechnologie De L'environnement
LIST	Luxembourg Institute of Science and Technology
MBR	Membrane bioreactor
MC	Moisture content
mgd/MGD	Million gallons per day
MFC	Microbial fuel cell
MHP	Micro-hydropower
MLE	Modified Ludzack-Ettinger
MR	Maximizing revenue
MTC	Minimization of total cost of the system
MuSIASEM	Multi-scale Integrated Analysis of Societal and Ecosystem Metabolism
NexSym	Nexus Simulation System
N	Nitrogen
N ₂ O	Nitrous oxide
NH ₃	Ammonia concentration
NH ₃ -N	Ammonical nitrogen content
NO ₂ ⁻	Nitrite concentration
NO ₃ ⁻	Nitrate concentration
NPV	Net present value
NR	Nutrient recovery
OL	Organic load
PE	People equivalent

PNS	Process Network Synthesis
PRIMA	Platform for Regional Integrated Modelling and Analysis
PV	Photovoltaic
R ₁	Reduce
R ₂	Recover
R ₃	Renewables
RE	Renewable energy
RF	Rainfall/precipitation
SCMFC	Single cell microbial fuel cell
SHC	Specific heat capacity
SHP	Small hydropower
SMBR	Single membrane bioreactor
SMC	Sludge moisture content
SPSS	Statistical Package for Social Sciences
SRR	Sludge recycling rate
SRT	Solid retention time
SS	Suspended solids
SS-AD	Solid state anaerobic digester
SSTP	Sewage sludge treatment process
SWW	Solid waste and wastewater management system
TED	Thermal energy demand
TF	Trickling filter
TIAM-FR	TIMES Integrated Assessment Model
TIMES	The Integrated MARKAL-EFOM System

TN	Total nitrogen
TOC	Total organic carbon
TP	Total phosphorous
TS	Total solids
TSS	Total suspended solids
UAMFC	Up-flow anaerobic microbial fuel cell
UASB	Up-flow anaerobic sludge blanket
USEPA	United States Environmental Protection Agency
UV	Ultraviolet
VFA	Volatile fatty acids
VS	Volatile solids
VSS	Volatile suspended solids
W	Watt
WC	Water content
WEF	Water-Energy-Food
WEFO	Water-Energy-Food Security Nexus Optimization
WR	Water resources
WRRF	Water Resource Recovery Facilities
WW	Wastewater
WSHP	Water source heat pump
WWSHP	Wastewater source heat pump
WWT	Wastewater treatment
WWTPs	Wastewater treatment plants
Y	Year

Symbols

%	Percentage
H	Efficiency
✓	Applicable
X	Not applicable

1. Introduction

Wastewater treatment plants (WWTPs) account for about 56% of the greenhouse gas (GHG) emissions among the water industry (Ainger et al., 2009). Concentration of the GHGs above the permissible limit in the environment can lead to global warming, formation of smog and haze, acid rains, acidification of oceans and photochemical oxidation (USEPA, 2013). Numerous onsite processes like degradation of biosolids by aerobic treatment process, dewatering and degradation of sludge are the direct contributors of GHGs into the environment (Sweetapple et al., 2013). However, direct GHG emissions from WWTPs are not accounted under the carbon footprint calculations due to their biogenic origin (Griffiths-Sattenspiel and Wilson, 2009). The present paper will focus on indirect GHG emissions coming from the energy consumption (mainly electricity) of WWTPs, which is recognised as the major source of their GHG emissions (Hao et al., 2015). Globally, about 3-5% of the electricity is used by WWTPs (McCarty et al., 2011). Considering the 2019 electricity global demand and a CO₂ emission factor for electricity of 475 gCO₂/kWh (EPA, 2019), it means 350 million ton of CO₂ per year, that it is almost the CO₂ emission of the entire UK. The 20% of this value comes from the energy used for fully treated wastewater (WW) and the 80% from partially treated WW. Today over 80% of the WW produced is directly discharged into the environment without proper treatment (UNESCO, 2017), creating major problem on the environment and people health. The problem will need to be addressed and as a result, energy analysts expect that the energy demand for WW treatment plants will double by 2050 (World Energy Outlook, 2019).

Looking at existing review papers on the use of energy in wastewater facilities (water-energy nexus), authors have either discussed and reviewed energy benchmarking data (Longo et al., 2016) to provide target parameters to understand how energy is used in the facility or have discussed and compare different decarbonisation strategies. For examples, Gu et al. (2017)

have looked in details at energy recovery technologies like anaerobic digesters (AD), microbial fuel cells (MFC), algal biofuels and heat pumps. Larsen (2015) has discussed the opportunities coming from thermal energy recovery from household and sewer WW, and the optimization of aerobic treatment process and nutrient recovery. Bastone and Virdis (2014) reviewed the economic feasibility of low energy intensive nutrient recovery processes, like annamox and chemical precipitation and energy recovery process, like AD. Gude (2015) reviewed different energy recovery technologies such as chemical (AD, MFC, algal biofuels and microbial desalination cell), thermal (heat pump) and hydraulic (hydropower) to understand how to transform energy intensive WWTPs into energy positive facilities. Mo and Zhang (2013) reviewed the water reuse opportunities and nutrient recovery technologies to reduce the energy consumption and management cost of wastewater facilities. Venkatesh et al (2014) examined the key factors influencing the carbon emissions of the water industry (including collection and treatment of WW) by analysing four case studies belonging to four different cities.

The analysis of existing studies shows that researchers have analysed and reviewed either a single or a combination of decarbonisation strategies, but none of them have looked at the modelling tools that can be used for the analysis. The present paper fills the gap with the aim to guide researchers and professionals to identify the best tools to assess the optimal use of energy in WW facilities. Furthermore, the study of the tools used in literature has provided the opportunity to critical analyse the most common decarbonisation strategies and compare their potential to reduce the CO₂ emissions.

Selection of resources and screening of the data for developing this review is detailed in Section 2. Section 3, 4 and 5 give an overview of the modelling tools and low carbon strategies aimed at, respectively, reducing the energy demand, recover energy from wastewater and integrate renewable sources onsite. Section 6 compares the different models and show the potential to reduce the CO₂ emissions from different decarbonisation strategies. Finally, section 7 provides the conclusive remarks.

2. Methodological approach

Methodological workflow adopted in developing this review is given in Figure 2. In order to review the modelling tools and strategies to reduce the energy demand for WWTP decarbonisation, resources were rigorously searched from Scopus. The terminology used in finding the relevant resources are ‘water energy nexus’, ‘wastewater energy consumption’,

‘low carbon wastewater treatment’, ‘wastewater energy optimization’, ‘energy from wastewater’, ‘renewables for wastewater’ and ‘sustainable wastewater treatment. Other resources like Government and Environmental Agency reports, technical guides and reports on/by WWTPs were also collected for understanding how energy is used in different processes. Overall, 220 resources were gathered for this study. Further to this, looking at the selected literature we have identified the modelling tools used for the analysis. The result is 43 resources that will be discussed in the following sections. Based on the main aim of the decarbonisation strategy analysed we have grouped the studies into three categories i.e., Reduce, Recover and Renewables (3R’s) (Figure 1).

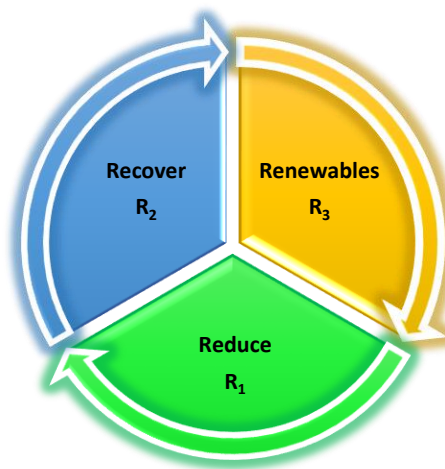


Figure 1: Categories used to group the studies analysed.

The category “Reduce (R₁)” looks at tools to reduce the energy demand of processes and devices, such as replacing pumps and air blowers. Although being waste, WW is a source of energy estimated to be 9-10 higher than the energy used for WW treatments (Shizas and Bagley, 2004). Modelling aimed at optimising the energy recovery potential and the respective technologies are categorised as “Recover (R₂)”. WWTPs have also a good opportunity of generating their own energy by exploiting local available renewable energy resources like solar, hydro and wind. Such tools are categorised as “Renewables (R₃)”.

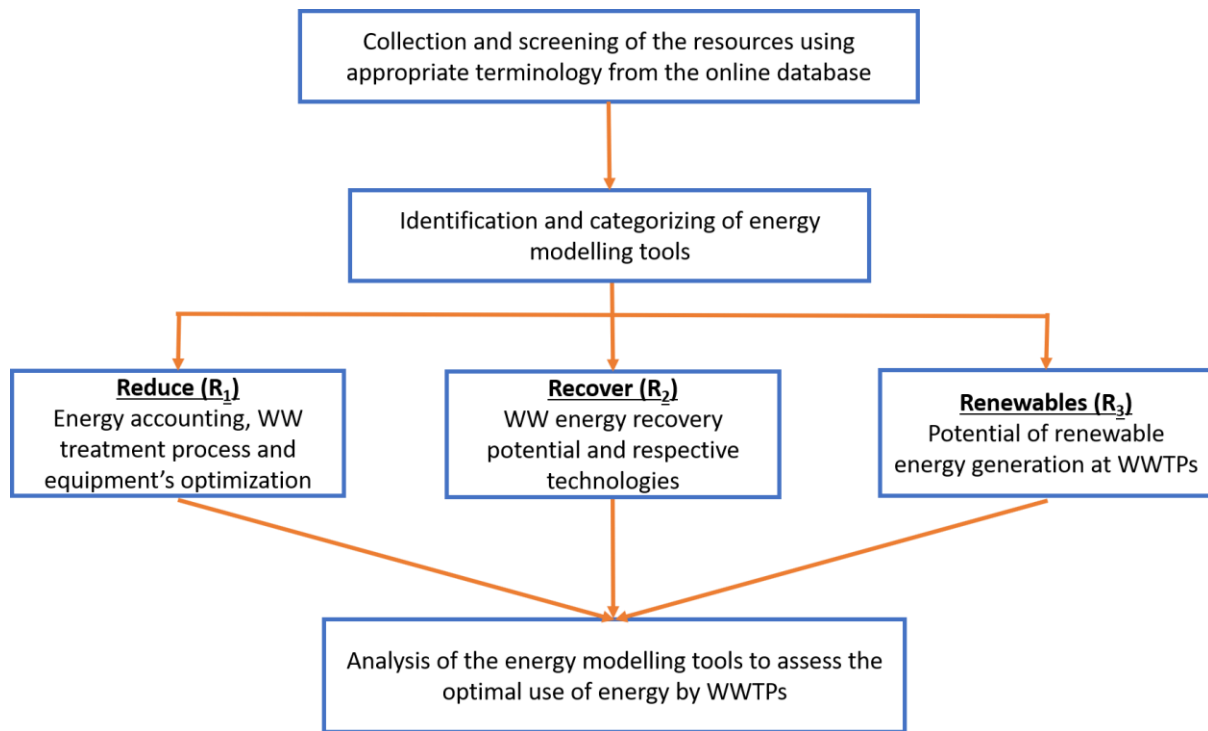


Figure 2: Methodological approach adopted

3. An overview of wastewater treatment and its energy consumption

The main purpose of WWTPs is to protect the public health and the environment and, when possible, reduce the water scarcity through the water reuse (Massoud, Taehini and Nasr, 2008). Treatment of WW occurs in 5 stages at WWTPs such as preliminary, primary, secondary, tertiary and sludge treatment. An overview of the WW treatment stages and its energy demand (kWh/m³) is given in Figure 3.

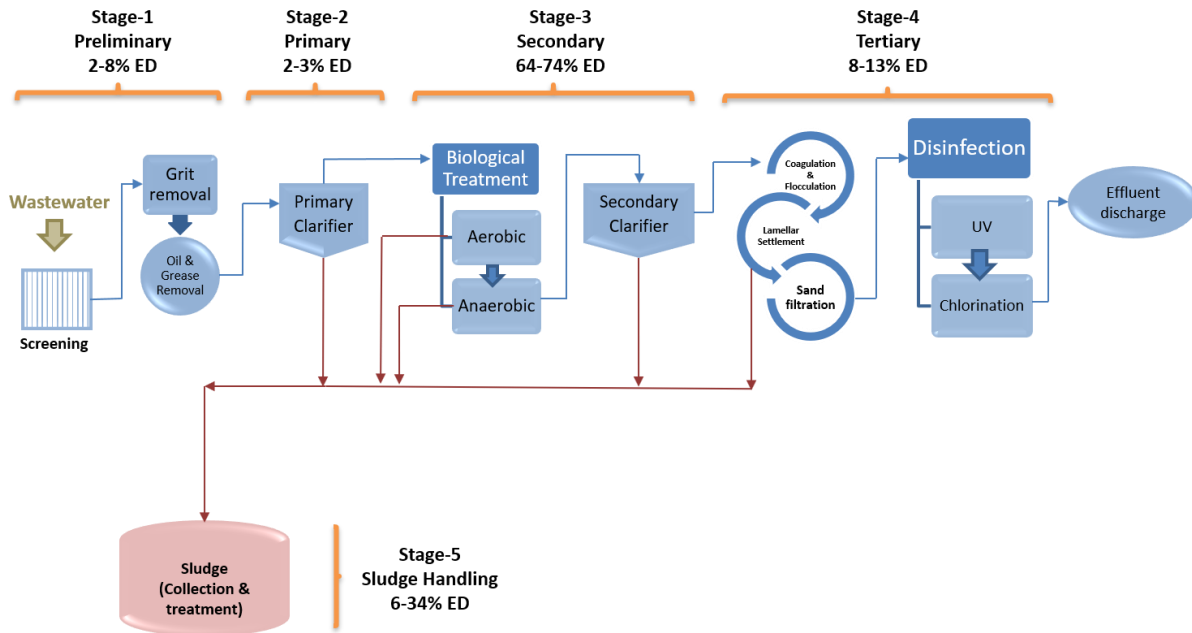


Figure 3: Wastewater treatment stages and its energy demand (ED)(Longo et al., 2016)

WW collected from the source primarily undergoes preliminary treatment, where WW is screened for the removal of the coarse and floatable solids like paper, plastics, rags, rubber, metals, fruit and vegetable waste. Following this, WW is transferred to grit removal chamber for the removal of gravel, sand and cinder to avoid any clogging in the pipelines and pumps (EPA Fact Sheet, 2013). Energy demand of the preliminary treatment ranges between 0.009-0.018 kWh/m³, which represents 2-8% of the total energy demand of the WW treatment process (Longo et al., 2016). Effluent from the preliminary treatment is then transferred to the primary clarifier/sedimentation tank, where suspended solids are separated by gravity in a circular tank with a mechanical scrapper for the removal of scum. Solids settled in this process are called primary sludge, which are collected in the hopper and sent for further treatment. About 50-70% of total suspended solids (TSS) and 25-40% of the biochemical oxygen demand (BOD) are removed by this process. Efficiency of this process can further be increased by addition of the coagulants prior to the sedimentation process (Metcalf and Eddy, 2014). This stage of WW treatment demands for 2-3% of the energy demand of the treatment (Longo et al., 2016). Following this, a secondary/biological WW treatment is applied for the removal of dissolved organic solids. Where, the aerobic or anaerobic bacteria degrades dissolved organic solids in WW. Aerobic WW treatment processes include activated sludge process, high-rated oxidation pond, oxidation ditch, carrousel, tapered aeration, step-aeration, contact stabilization, aeration

pond, rotating biological contactors and trickling filters. Of these, activated sludge, trickling filters and aeration ponds are the most commonly used processes. The most used anaerobic treatment processes include up-flow anaerobic sludge blanket (UASB) and fluidized bed bioreactor (Boari, Mancini and Trulli, 1997). Membrane bioreactor is an efficient biological treatment process that can be operated in aerobic and anaerobic conditions (Yeh and Perito, 2011). Biological techniques such as anaerobic-oxic (A/O), anaerobic-anoxic-oxic (A²O), Bardenpho, Ludzack-Ettinger and modified Ludzack-Ettinger (MLE) are few of the biological nutrient removal techniques followed by the WWTPs (ENERWATER, 2018). Effluent from the secondary treatment is then transferred to the secondary clarifier/sedimentation tank, where microbes settled are partially recirculated to the biological treatment tank and rest is removed as secondary sludge (Nathanson and Ambulkar, 2019). Biological WW treatment with secondary clarification process forms third stage of the WW treatment. The efficiency of this stage ranges within 0.15-0.77 kWh/m³ based on the applied treatment technique (Longo et al., 2016). Effluent from secondary clarifier is then transferred to the tertiary treatment tank for the nutrient removal and disinfection. Chemical precipitation, adsorption, chemical oxidation, phostrip (Boari, Mancini and Trulli, 1997) and filtration are some of the physio-chemical nutrient techniques. Chlorination and UV disinfection techniques are the most used disinfection process. Ozonation is also a disinfection technique followed by some WWTPs (Longo et al., 2016). The type of the tertiary treatment applied varies with the level of nutrients and pathogen in the secondary effluent and the regulations of the respective geographic location. The energy demand of the tertiary treatment processes accounts for about 8-13% (Longo et al., 2016). Finally, the sludge generated during different stages of WW treatment is collectively treated i.e., stabilized (aerobic or anaerobic), dewatered (mechanical or thermal) and disposed (land or water) (Hall, 1999) at an energy demand of 0.012-0.27 kWh/m³ (Longo et al., 2016).

4. Energy reduction tools and strategies (R₁)

The energy demand of WWTPs varies from one plant to the other. Energy demand of the WWTP with nutrient recovery facility ranges between 0.5-2.0 kWh/m³, whereas for plants without nutrient removal facilities is lower than 0.5 kWh/m³ (Gude, 2015). From the energy data represented in Figure 4 (gathered from different literature), medium to large scale WWTPs are more likely to have nutrient recovery facilities. It is also shown that the energy demand of WWTPs increases with the increase in the level of the WW treatment (i.e., number of WW treatment stages). It is also evident from Figure 4 that the energy intensity per cubic meter of

WW treated decreases with increase in the size of the WWTP, mainly due to the effects of economies of scale (PIER/EPRI, 2002).

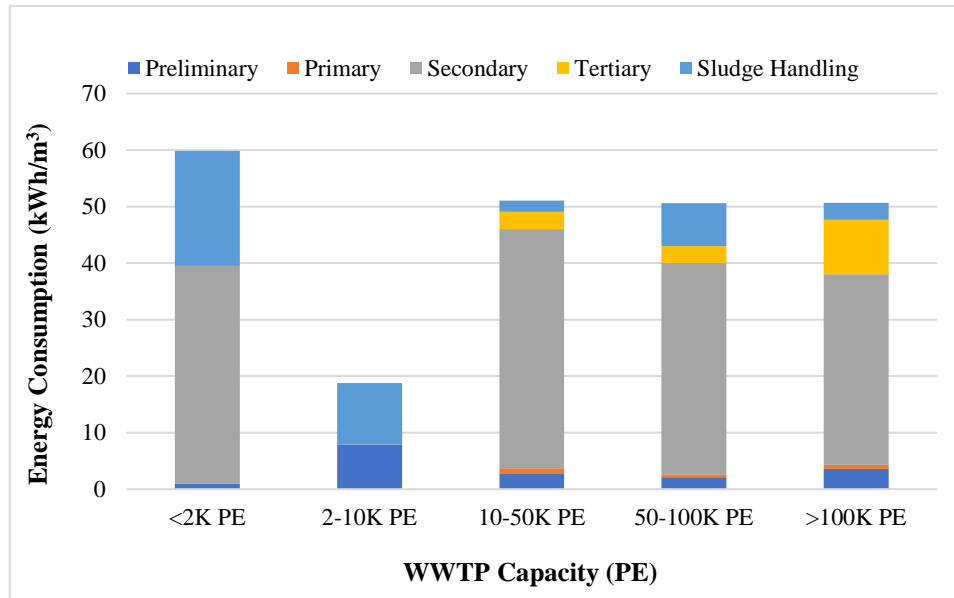


Figure 4: Average energy consumption of the WWTPs based on plants capacity and level of treatment (Longo et al., 2016)

One of the initial steps in assessing the energy demand of WWTPs and its carbon emissions is by energy auditing. Energy auditing helps in identifying the significant energy consumers (processes and equipment) of the WWTPs (Daw et al., 2012). According to some studies in literature, old or aging equipment is reported as inefficient, cost and energy intensive. Regular evaluation of equipment (electro-mechanic devices) condition, performance and lifespan helps in the repair and replacement. Preventative maintenance practices are the most suggestive evaluation measures for an appropriate maintenance of the equipment (Hernández-Chover et al., 2020). Around 5% of the energy can be saved by regular maintenance of the electro-mechanic devices and repair and replacement of the inefficient systems.

The modelling tools belonging to the R1 category can be classified as: i) energy auditing and benchmarking tools, ii) energy management tools, aimed at improving the energy efficiency of specific process/equipment and iii) decision support tools. Some tools are specific for the facility for which they have been developed while others can be more widely applied.

The European project “ENERWATER” developed one of the most comprehensive energy benchmarking model. Energy benchmarking can be seen as the first step to understand how energy is used in the WWTPs. However, energy benchmarking of WWTPs is a difficult task,

as there is no standard key performance indicator (KPI) to analyse the energy demand of different wastewater facilities, furthermore since the energy demand is strongly influenced by the characteristics of the wastewater treated and the process used, the challenge is to identify common benchmarking values. “ENERWATER” attempted to address such challenges by developing an MS-Excel tool that analyses the energy consumption of the WWTPs based on the size of the plant, flowrate and quality of the influent WW and type of the WW treatment techniques applied. According to this study, kWh per People Equivalent (PE) per year (kWh/PE*y) and kWh of Chemical Oxygen Demand (COD) removed (kWh/kg COD) are the most reliable water-energy indexes over kWh per cubic meter of treated WW (kWh/m³). The energy benchmarking in this study was developed using different KPIs based on pollutant load such as COD, total nitrogen, total phosphorus and total suspended solids aligning with the purpose of treatment stages. Average influent flow rate and characteristics, equipment inventory with nominal power load and number of working hours are the major inputs of this tool. The output is the energy breakdown of the treatment processes and equipment. This tool is freely available for any manager of a WWTP who may get guidance on how to improve the energy on site (Longo et al., 2019). Similarly, Sabia et al (2020) developed an energy benchmark model to evaluate WWTP energy performance.

“Energy Online System (EOS)” is an example of energy auditing and benchmarking tool that can be used by researchers, local and regional water facilities. The methodology was developed by Torregrossa et al (2018) at Luxembourg Institute of Science and Technology (LIST). The tool provides a daily benchmark analysis under limited database conditions. Different from ENERWATER the tool is completely dependent on the data received from sensors installed at the WW facility. The data recorded by sensors is collected, analysed and the outputs are represented as daily Key Performance Indicators (KPIs). Information gathered can be used to optimize the pumps, blowers and the anaerobic digesters for the sludge treatment. Support vector regression, Fuzzy logic (FL), Artificial neural network (ANN) and Random forest (RF) are the optimization techniques (machine learning methods) applied for the development of this tool. Similarly, Ramli and Hamid (2019) developed a prediction model to optimize the WWTP equipment and machines using machine learning method ANN. The main purpose of this study was to minimize the energy demand of the WWTP by predicting the energy demand one month in advanced. The final goal was to make wastewater treatment plants affordable for underdeveloped regions. WWTP in Peninsular Malaysia configured with aerated lagoons and

Conventional Activated Sludge (CAS) was considered for this study. Energy savings of 2.23% were predicted by this model.

Looking at energy auditing tools developed for specific wastewater facilities, Long and Cudney (2012) developed a multilinear regression model to analyse the key operating parameters influencing the energy consumption of Rolla Missouri Southeast WWTP and to identify the most energy demanding processes. The energy was accounted on the basis of an average influent flowrate and pollutant load (Biological Oxygen Demand, BOD, and suspended solids). Based on the treatment and building efficiencies, an energy rating of the plant was developed. The highest energy demanding equipment identified was the blowers in oxidation ditch, pumps in trickling filter, and clarifier. This study also highlighted a high GHG emissions from old equipment used at the plant and suggested an upgrade of such technologies.

Another example of management tool was developed by Holanda et al. (2007). The aim of this study was to improve the activated sludge process for an efficient removal of pollutants especially nitrogen, reduce the energy consumption and the sludge generation. The modelling tool is aimed at optimally manage the Altering Activated Sludge (AAS) process. In the work aerobic and anoxic (AA) treatment was initiated in a single tank to optimize energy consumption and reduce sludge generation. Genetic algorithm (GA) is the optimization technique followed to develop this biological nitrogen removal (BNR) model. Maximum pollutant removal efficiency of the process was evaluated by the effluent quality (EQ) index. According to this study, the influent quality plays a vital role in the selection of the aeration time, number of cycles and energy consumption of the process. It also states that the efficiency of the treatment increases by increasing the number of aeration cycles (up to 26 cycles) and decreases with the increase in aeration time of each cycle (i.e., above 20 minutes). Application of this model and process is suggested to reduce the pollutant load and energy consumption by about 10% to the conventional process. Alongside its benefit, this model has low computational intensity, which can be minimized by the identification of the initial pollutant load of the WW and appropriate selection of optimization parameters (Holanda et al., 2007).

A mathematical model was developed by Novak and Horvat (2012) for improving the treatment and energy efficiency of the aerobic WW treatment process. This model involves optimizing the oxygen electrode type (oxygen diffusion layers around the cathode) and position (within bioreactor and in outlet shaft) in an aerobic bioreactor. The biological process modelling was based on the ASM-3_2N model i.e., a modified activated sludge model number 3 with two-

step nitrification-denitrification process. Optimization of this model was based on cost module i.e., the total functional cost of the WWT that varies with the volume of the bioreactor. It is a MATLAB launch code for activated sludge model with three benchmark input files (third modified version of original model) developed by researchers at the University of Florence. According to this study, the electrode with (1) an outer membrane layer and (2) electrolytic gel between membrane layer and cathode are highly efficient for the treatment of WW due to its reaction mechanism. It also states that the increased number of oxic/anoxic cycles with low cycling time for oxygen electrode placed within bioreactor is more efficient over the oxygen electrode placed in an outlet shaft. The WW parameters such as Dissolved Oxygen (DO), COD, BOD for 5 days (BOD₅), Suspended solids, nitrates, nitrites and ammonia were analysed to assess the efficiency of the treatment process.

Machine Learning Techniques represent the most innovative approach to reduce the energy demand of the WWTPs, which was discussed earlier in this section for WW treatment equipment's energy optimization. Similarly, other researchers like Cao and Yang (2020) developed a model using Online Sequential Extreme Learning Machine (OS-LEM). OS-LEM is a modified neural network. This model is based on Benchmark Simulation Model No.1 (BSM1), which consists of two anoxic and three anaerobic zones that are designed from Activated sludge model no.1 (ASM1). The main purpose of this model is to improve the supply of dissolved oxygen (DO) to the treatment zones considering various factors such as influent and effluent WW quality and weather. Around 40% of the energy savings is suggested by controlled DO supply to the aerobic/anoxic treatment tanks (Cao and Yang, 2020).

Molinos-Senante et al (2015) assessed (by modelling) the CO₂ shadow price that represents the economic value of the externalities linked to the energy consumed by WWTPs. The model uses directional distance functions. Directional distance function is a generalised form of Shephard's output distance function that allows elaboration of the desired output and curtails the undesired ones. General Algebraic Modelling Software (GAMS) in combination with CPLEX solver was used in addressing the problem (linear) and estimating the directional distance functional parameters. The study involves 25 WWTPs in Spain with capacity ranging between 0.5-1.5M m³/year. Energy, staff and other costs are the main inputs of this analysis to return the desired outputs like volume of the treated WW and the quantity of the WW pollutants removed (like COD, suspended solids, nitrogen and phosphorus). According to this study, the CO₂ shadow price of WWTPs ranges between 5 to 35% the price of the treated water. The study also states that large WWTPs and plants with the tertiary treatment process are more

likely to have high CO₂ shadow price. Sewage sludge treatment was also suggested as the most influential factor affecting the value of CO₂ shadow pricing and concluded that anaerobic treatment is the better option over other techniques due to its energy recovery potential.

Another example of decision support tool is TIAM-FR developed by researchers at the MINES Paris Tech Centre for Applied Mathematics. The model aimed at optimising the future energy demand of the water sector in region under severe water scarcity like Middle East countries (Arabian Peninsula, Caucasus, Iran and other regions near East) (Dubreuil et al., 2013). The TIAM-FR is a TIMES integrated water allocation assessment model that was developed based on resulted efficiencies of the three simulation studies (1) only water, (2) only energy module and (3) combination of water and energy module. Optimization of the developed simulation model was based on the total discounted cost of the energy system, which includes investment cost, fixed cost, variable costs of the processes and commodities, taxes and subsidies, elastic demand adjustment cost and salvage. Water allocation technologies, water reuse (non-conventional) and efficient irrigation technologies were analysed under the water module of the model. Whereas, energy demand for water abstraction, treatment and supply to the end-users such as rainfed agriculture, irrigation, municipal and industrial sectors was considered under the energy module. The time frame considered for this study is from 2005 to 2050 with a time series of 10 years. The energy intensity of the water use, such as technical strategies and available water management options were suggested as the best analysers of the Water-Energy nexus tool (which also includes WW) (Dubreuil et al., 2013).

Padrón-Páez et al (2020) conducted a case study on municipal WWTPs in Mexico to guide policy makers in designing new policies for future (new) plants. Different optimization methods like Mixed-integer non-linear programming (MINLP), Lexicographic and ϵ constraint methods were used in the analysing various factors influencing the cost and energy demand of the treatment plants. Finally, the results obtained from different techniques were compared using Technique for order of preference by similarity to ideal solution (TOPSIS) method for the best solution. According to this, the energy and total cost of the plant can be reduced by 20% and 93% respectively by appropriate selection of treatment techniques and optimization of flowrate and pollutant load for treatment.

Table 1 gives an overview of the different modelling studies on wastewater treatment energy optimization discussed earlier in this section.

Table 1. Overview of Wastewater treatment energy optimization

Reference	Wastewater treatment process considered	Model goal	Energy reduction/savings achievable	Study location
Longo et al., 2019	Entire WW facility	Energy benchmarking	-	-
Long and Cudney, 2012	Not Specified	Minimise the consumption of pumps, motors and other electro-mechanic devices	10-20%	Rolla, Missouri Southeast WWTP, USA
Torregrossa et al., 2018	Aerobic treatment and anaerobic sludge digestion	Minimise the consumption of pumps, blowers and AD	50-80%	Europe
Ramli and Hamid, 2019	Aerated lagoons and CAS	Minimizing the energy consumption of pumps and blowers	2.23%	WWTP in Peninsular Malaysia
Fikar et al., 2005	Activated sludge process	Minimise the energy demand of the activated sludge process	20-30%	Small scale WWTP in France
Holanda et al., 2007	Altering activated sludge/Biological nutrient removal	Minimise the number and time of aeration cycles	10%	-
Novak and Horvat., 2012	Activated sludge process	Minimise the oxygen used	20-25%	WWTP in Croatia
Molinos-Senante et al., 2015	Entire WW facility	Minimise the CO2 shadow prices linked to the energy used by 25 WWTPs	Up to 50%	-
Dubreuil et al., 2013	Not specified	Minimise the forecasted energy demand of the water sector (considering WW facilities)	5-30%	Middle East countries
Cao and Yang, 2020	Anoxic and aerobic treatment (ASM1)	Controlled DO supply through cost minimization	Up to 40%	WWTP in China
Padrón-Páez et al., 2020	Not specified	Minimizing the total cost and energy consumption of the WWTPs for designing sustainable WWTPs	Up to 20.2%	Municipal WWTP in Mexico

335

336 The studies developed so far show that the energy demand of WWTPs depend on several
337 factors: the influent flowrate and pollution load, size of the WWTP, type of the treatment
338 technologies employed and level of the WW treatment applied. COD, suspended solids,
339 nitrogen and phosphorus are the most commonly considered load parameter that influence the

energy consumption of the plant and the treatment efficiency. Regular evaluation of the influent and effluent operational parameters, that are highly influenced by seasonal variations, time of the day and other characteristics help in controlling the operations of the plant (Daw et al., 2012). Pumps used at the WWTPs are reported as the most energy consuming equipment in the literature, whose optimization can save 5-30% of the total energy demand (Panepinto et al., 2016). Timely identification of infiltration breaks and leaks in the pipes enables its possible repair or replacement along with energy and financial saving. Coming to the treatment processes, the aerobic treatment is the most widely used secondary treatment at high energy input. There is a good scope of energy saving in this process, estimated at about 20-50% (Georges et al., 2009) by installation of automatic control system for aeration and installation of energy efficient aerating devices. Installation of the automatic system for monitoring the equipment, treatment processes and influent and effluent quality can further improve the energy efficiency of the WWTP and increases flexibility in supervision of the plant. Further, replacement of the aerobic treatment (where possible) with anaerobic reduces the CO₂ emissions up to 60% (Keller and Hartley, 2003). Next to the aerobic treatment, WWTPs with tertiary treatment and sludge treatment are also suggested to increase the energy demand of the plant, which are purely based on the treatment techniques employed by the plant. Smart selection of the technology for sludge treatment can help the WWTPs to reduce the energy demand and, as we will discuss in the following section, to produce energy.

5. Energy recovery tools and technologies (R₂)

Although the current study focuses on energy optimization of the WWTPs, effluent quality is of primary significance to avoid any negative impacts on our health and environment. In some cases, the most efficient WW treatment remains a high energy intensive process even after energy optimization. Such WWTPs still have a room of opportunity for reducing its dependency on grid electricity by energy recovery from WW or, as discussed in section 5 by integrating local available renewable sources. Wastewater is a good carrier of energy and nutrients (van Loosdrecht et al., 2014) and defined by some researchers as “Water Resource Recovery Facilities (WRRF)” (Bala, 1997). The economic value of the resources such as water, nutrients (Nitrogen, Phosphorus and Potassium), energy (biogas) and biofertilizer (treated nutrient rich sludge) recovered from the WW is \$0.47/unit WW (Verstracte et al., 2009). As mentioned above, WW contains an organic energy of about 9-10 times greater than the energy used for its treatment (Shizas and Bagley, 2004) and 3 times more thermal energy (Dürrenmatt

and Wanner, 2014). The major source of organic energy at WWTPs is the sludge generated by the WW treatment. Sludge is a heterogeneous mixture of undigested and partially digested organic matter, fat, oil and grease (FOG), micro-organisms, inorganic material and moisture (water) (Tyagi and Lo, 2013). Landfill, agriculture use, ocean disposal and incineration have been the commonly used sludge management techniques for many years. Few of these techniques are banned in some regions and few others are limited in application due to their adverse effects on the environment, marine ecosystem, ground water resources and in turn on human health (Frišták et al., 2018). The anaerobic sludge treatment can serve as an economical and ecologically efficient process due to biogas production (World Energy Outlook 2019). Anaerobic digestion (AD) is a well-known technology that is highly efficient in extracting the organic energy from sludge (Hao et al., 2015). Anaerobic digestion is a degradation of the organic matter by diverse micro-organisms in the absence of oxygen to produce biogas. There are four stages in the AD process: (i) hydrolysis- breakdown of carbohydrates, proteins and lipids to simpler molecules i.e., sugars, amino acids and long chain fatty acids, (ii) acidogenesis- production of acids (acetic, propionic and butyric acids) and alcohols (ethanol and lactate) from simple molecules formed in hydrolysis, (iii) acetogenesis- conversion of acids and alcohols formed in acidogenesis to acetate, hydrogen and carbon dioxide and (iv) methanogenesis- production of biogas (CH_4 , CO_2 , H_2 and other gases) and nutrient rich digestate (Meegoda et al., 2018). According to the IPCC (2007), carbon emissions from the combustion of the biogas are considered as short-cycle and are not accounted under the GHG emissions from the wastewater treatment facilities. Although, anaerobic digestion (AD) increases the rate of sludge production, its CO_2 emissions are five times less than the other sludge treatment processes (especially aerobic) (Mayhew and Stephenson, 1997). Utilizing the digestate from anaerobic digester as a biofertilizer reduces -7.04×10^{-2} kg CO_2 of global warming caused due to the chemical fertilizer manufacturing (Pasqualino et al., 2009).

The models belonging to R_2 group are aimed at assessing and maximising the energy production from wastewater. Majority of models have been developed for the biogas production from sludge, being the main source of energy production from wastewater. Additional models have looked at the recovery of thermal energy and hydrogen production from wastewater.

Considering the energy and environmental benefits of sludge, two municipal WWTPs in Austria have successfully proved to be energy positive by efficient utilization of energy recovered from sludge. One of these plants are Wolfgangsee-Ischl WWTP in Austria. The

positive energy balance of this WWTPs was reported due to the long life of the plant (in operation since mid-1980s) along with optimized mechanical devices and aeration process at the plant. Further to this, this plant generated 7% surplus electricity from biogas generated from anaerobic digestion sludge. Whereas the other municipal WWTPs “Strass” was reported with an average surplus electricity generation of 6.3% from sludge anaerobic digestion during 2005-2007. This value was further increased to 80% by co-digestion of sludge with kitchen waste in 2008. Most of the WWTP anaerobic digesters are designed oversize, whose extra space can be efficiently utilized by co-digestion with other organic wastes like kitchen waste, restaurant waste, animal waste etc. This not only helps in improving the quantity of biogas produced but also the quality i.e., increases methane concentration in biogas. The produced biogas can efficiently be utilized at the site for energy generation or can be supplied to grid or neighbourhood to reduce its wastage and emission into the environment (World Energy Outlook 2019). The digestate generated from the two Austrian WWTPs was dewatered and used in land application (as fertilizer). Despite the surplus energy generation, these two WWTPs rely on the grid electricity for their peak electricity supply (Nowak et al., 2015).

Another group of researchers Puchongkawarin et al (2015) developed a methodology for resource recovery and energy generation from WW by superstructure modelling. The optimization of the model is based on maximizing the net present value (NPV) of the system, for which the cost data was derived from CAPDETWORKSTM costing software. A WW simulator, GAP-XTM was used to predict the efficiency of different treatment integrations. To demonstrate the efficiency of this model, a case study was conducted on wine distillery WW. The superstructure model of the case study involved two biological treatment units i.e., up-flow anaerobic sludge blanket reactor (UASB) and single membrane bioreactor (SMBR), two filtration units i.e., sand filter and membrane unit and two nutrient recovery units i.e., struvite crystallizer and zeolite adsorption as a part of the investigation. Three scenarios of integrated treatment and resource recovery were considered in this study. In the first scenario, 60% of the WW was treated by UASB and 40% was transferred directly to the recovery unit. In the second scenario, major of the WW was treated by UASB and very little volume was transported to the extraction unit directly without any treatment and in third scenario WW was initially treated by UASB then followed by ion exchange. Among these, the first scenario was found efficient over other two scenarios due to better treatment of WW at low capital expenditure and high revenue from energy and nutrient recovery. Further, the authors recommended broad range of

technological exploration for this methodology to be considered as a decision support tool for energy and nutrient recover by WWTPs.

Similarly, Sun et al (2020) developed a composite model to assess the sustainability and resilience of the WW management through four alternative approaches by Analytical hierarchy method. These approaches include (i) centralised WW treatment by activated sludge (AS) and MBR, (ii) decentralised approach of UASB and trickling filter (TF), and (iii) centralised-decentralised hybrid system (based on the type of WW). A decentralised and hybrid approach was resulted in higher sustainability and resilience over others (centralised CAS and MBR) with 7-17% higher trade-off cost and energy and nutrient recovery. Alternatively, decentralised WW treatment was suggested as the best approach, except for the regions with the increased risk of eutrophication. Likewise, Sarpong et al (2019) assessed energy self-sufficiency of the small scale WWTPs under different combinations of WW treatment (including advanced treatment) and energy recovery technologies . Combination of anammox process followed by activated sludge process and anaerobic digestion of sludge was reported with higher energy reduction/recovery (115%). This was further increased (above 225%) by co-digestion of sludge with FOG. According to this study, selection of an appropriate treatment technique and co-digestion of sludge can make small scale WWTPs energy self-sufficient.

Soda et al (2010) evaluated energy recovery potential of sludge by AD along with estimation of energy demand and GHG emissions of a sewage sludge treatment plant (SSTP) in Osaka (Japan) by a modelling approach. Energy demand of different processes such as sludge thickening, sludge dewatering, anaerobic digestion, sludge incineration and melting applied at the plant were accounted. Different treatment configuration with AD energy recovery was formed to identify economic and environment friendly approach. Treatment configuration with high loading rate of AD was found economically feasible but landfilling of partially digested sludge from AD had high risk of CH₄ and N₂O release into the environment. To address this, two solutions i.e., (1) environment friendly- application of incineration and melting to the digested sludge to reduce the risk of environmental emissions, although at high energy demand or (2) economical- disposal of digested sludge to landfills for high energy recovery (by landfill gas collection) were suggested by the authors. Incineration is a thermochemical process majorly employed for volume reduction of waste and destruction of the harmful substances in the sludge at very high temperature prior its disposal (Syed-Hassan et al., 2017). It is a heavily regulated and socially opposed issue to incinerate the sludge due to its emissions into the atmosphere such as mercury, dioxins, ash etc. The ash produced during the process of

incineration are to be handles as the hazardous waste or are to be landfilled to avoid its impact on the environment (Palme et al., 2005). Hence, this technology is applicable at facilities with limited disposal space and lower odour tolerance plants such as municipalities with high population (Werther and Ogada, 1999). In some cases, heat generated by incineration of sludge is recovered for its further application as thermal energy. For example, in heating boilers for steam generation at steam power plants (Cui et al., 2006). A group of researchers in USA analysed the status of energy recovery of sludge by anaerobic digestion and incineration techniques. According to this study, WWTPs above 19,000 m³/day are suitable for energy recovery by AD. It also reported that an electricity generated from biogas and biosolid incineration can reduce the energy dependency of the WWTPs by 2.1-26% and 2.5-57% respectively in Texas city. Whereas, combination of AD and incineration can reduce the energy dependency between 4.7-83% in Texas city and 2.6-27% in whole USA (Stillwell et al., 2010). This study also reported that some of the WWTPs in USA does not make efficient use of the biogas produced and flare it into the atmosphere. This has a risk of increasing GHGs in the environment. Collection of this biogas and efficient use or treatment of this gas (less impact gas) before releasing into the environment is important. An integrated waste management tool “Solid waste and WW management system (SWW)” was developed by Maalouf and El-Fadel (2020) to minimize the carbon emissions and cost of the system. Due to integrated waste management system, the biological WW treatment such as aerobic (CAS) and anaerobic (lagoons and septic tank) and sludge management are the significant processes considered under WW management. Here, the energy was recovered using AD and incineration in combination with MSW. Along with energy recovery, sludge disposal methods like composting and controlled landfilling were reported to reduce the carbon emissions of the integrated system by about 90% by smart selection of the technologies/treatment process. Although incineration seems an interesting technique for energy recovery but incurs additional cost (10% of the total cost of the system). This tool is highly suitable for the regions with integrated waste management systems (solid and WW treatment together).

Some of the models developed in literature consider the energy recovery in combination with nutrient recovery. An example is given by an excel based simulation model was developed by Khiewwijit et al (2015) for future Dutch WWTPs. The model was built based on data collected from 29 Dutch WWTPs, data available in the literature and lab scale experiments. The treatment technologies considered for this design are: bio-flocculation, AD, phosphorus recovery through micro-algae, chemical precipitation and biological process, annamox process

for nitrogen recovery and conventional activated sludge. The design of this model consists of five steps, first is setting up a key performance indicator, second is the selection of efficient treatment and resource recovery technologies, third is to integrate all the selected technologies, fourth is to perform a steady-state simulation for energy balance and finally conducting sensitivity analysis of the developed model. Different configuration of the energy recovery processes considered were analysed. Of which, three combinations i.e., Bio-flocculation with AD, Annamox process (only) and chemical precipitation and biological phosphorus recovery was reported to be the most efficient with 0.24 kWh/m³ net electricity generation and 35% reduction in the carbon emissions. The organic load was reported as the rate limiting factor in the energy consumption and generation.

As abovementioned, WW is good carrier of thermal energy, it is a good opportunity for the WWTPs to recover that energy and use on site, the key aspect is to identify a heat load on site or nearby, since WWTPs consume mainly electricity. Water source heat pumps (WSHP) are the most used technology for heat recovery from WW. Net electricity equivalence of heat recovered from WW is 0.26 kWh per m³ effluent cooled by 1°C (Dürrenmatt and Wanner, 2014). Due to lower electrical conversion efficiency of thermal energy recovered by WSHP, heat generated can be used at WWTPs towards biological treatment process like AD, sludge drying, heating and cooling of WWTP. The surplus thermal energy recovered can also be supplied to the neighbourhood buildings (Gude, 2015). A decentralised approach of thermal energy recovery from sewer WW and electricity from organic kitchen waste of small residential community in USA was reported by Yang and Shen (2014). The main purpose of this study was to reduce waste at source. Electricity of 2.98x10⁵ kWh, which is equivalent to 8% of the total electricity demand of the community was generated from anaerobic digestion of kitchen waste. Thermal energy required for the waste digestion was recovered from the sewer WW, which is equivalent to 1.5x 10¹² J of useful heat per year. To maximize the energy and nutrient recovery from municipal WWTPs in Austria, a simulation model was developed using Process Network Synthesis (PNS) method (Kretschmer et al., 2016). PNS is a bipartite graph method used in structuring the optimization problem. According to one of the case studies on this model, electric energy from anaerobic digestion of sludge and thermal energy recovery from WW using heat pumps is higher than the plant demand. Supply of the surplus electricity to the neighbouring buildings or society was suggested as an alternative and revenue making option. A simple system management to decarbonize the domestic WW from its generation (household) to treatment and discharge (into water bodies) was studied by Larsen (2015).

Efficiency of different aerobic treatment processes (like conventional, annamox and mainstream), electric energy recovery potential of sludge and thermal energy recovery potential of household and sewer WW were analysed for low carbon options. As per the analysis, heat recovery from the household WW (less heat dissipation) and WW treatment by annamox process were found energy efficient and environment friendly. Another study evaluated the energy generation potential of the dewatered sludge at Balingian and Mannheim WWTPs in Germany by gasification and combustion (Yang et al., 2016). Gasification is a thermochemical process that transforms organic matter in sludge to syngas (CO_2 and H_2) in the presence of gasifying agents (e.g. controlled amount of oxygen, air, CO_2) at high temperature ($>700^\circ\text{C}$) (Situmorang et al., 2020). Heat generated by combustion of syngas or heat released from cooling of syngas was used as a source of heat in drying sludge for gasification at these WWTPs. Electricity potential of 24-28% of the total plant demand was estimated from the combustion of syngas. The moisture content and equivalence ratio of 25% and 2.3, respectively, were reported as the optimum conditions of sludge gasification. The equivalence ratio is a ratio of stoichiometric air-fuel mass ratio to actual air-fuel mass ratio.

Simultaneous, WW treatment and electricity generation were demonstrated by Subha et al (2019) through a mathematical modelling (Monod Kinetics) of Up-flow anaerobic microbial fuel cell (UAMFC) at lab scale. It is an integrated process of UASB and Single cell microbial fuel cell (SCMFC). The UAMFC consists of an anode covered with biofilm (growth of microorganisms on surface of solids) that degrade the organic matter present in the WW and produces electrons and hydrogen ions. These electrons from anode chamber travels to cathode through an external circuit to produce an alternative current (AC from DC current) (Al-Megren, 2009). The anode was separated from cathode by a proton exchange membrane (Nafion 117). WW (Chocolateries manufacturing) for treatment and electricity generation was supplied to the anode chamber through a WW holder at the bottom of the anode. The maximum power density of 98 mW/m^2 and 104.9 mW/m^2 was observed at an optimum HRT and OLR of 15 h and 0.8 g/L COD respectively. An overall COD reduction of 70% was reported by UAMFC. Similarly, another group of researchers in USA have evaluated the economic feasibility of the MFC in treatment of the food processing WW for its reuse in irrigation. According to this study, although MFC seems to be highly expensive, it can be ideal for (i) drought/arid regions, where the cost of water is high and (ii) regions with high electricity prices. Preliminary research conducted by these researchers also states that the replacement of the conventional aerobic

system with MFC can treat the WW at 9% of the total cost of the aerobic system. Further, techno-economic feasible study is required for scaling up of this technology.

An overview of different modelling studies whose main aim is the WW energy recovery is given in Table 2.

Table 2: Overview of the energy recovery and WW treatment process energy optimization models

Reference	WW treatment technique	Energy recovery technology	Energy optimization goal	Energy generation	Study location
Nowak et al., 2015	Aerobic treatment and Anaerobic treatment	AD	Pump and blowers; overall AD process	100%	WWTPs in Austria
Khiewwijit et al., 2015	Bio-flocculation, Activated sludge process, Chemical precipitation and Annamox	AD & Heat pump (HP)	WW treatment, AD and HP	Up to 50%	WWTPs in Netherlands
Puchongkawarin et al., 2015	Single membrane bioreactor (SMBR), Sand filtration, Membrane filtration, Struvite crystallizer and Zeolite adsorption	Up-flow anaerobic sludge blanket reactor (UASB)	Optimal configuration of WW treatment and biogas recovery	Up to 50%	-
Sun et al., 2020	Centralised- CAS & MBR, Decentralised- UASB and Trickling filter	UASB	WW treatment and maximizing biogas production	24% (average) of sludge organic energy	-
Soda et al., 2010	Incineration, Melting and Landfill	AD	Maximise the biogas production and digested sludge disposal	Above 50%	Sewage sludge treatment plant in Osaka (Japan)
Sarpong et al., 2019	Enhanced sedimentation, CAS, Nitrification/anammox and biofiltration	AD (co-digestion)	Maximizing energy and nutrient recover by cost minimization	35 to >100% based on the treatment process and co-digestion	Gresham WWTP (USA) and Strass WWTP (Austria)
Stillwell et al., 2010	-	AD and Incineration	Maximise the Biogas and Incineration heat	3.0-83%	Texas and USA
Maalouf and El-Fadel, 2020	Aerobic (CAS) and Anaerobic (anaerobic lagoon and septic tank)	AD and Incineration	Minimizing cost and carbon emissions	31-96% (integrated MSW)	MSW and WW in Beirut, Lebanon

Yang and Shen, 2014	-	AD and HP	Maximise biogas and heat recovery	8% electricity and up to 50% heat	Small community in USA
Kretschmer et al., 2016	-	AD and HP	Maximise biogas and heat recovery	Above 50%	Municipal WWTP in Austria
Larsen, 2015	Activated sludge process, Annamox and Mainstream process	AD and HP (from sewer)	Improve Aeration and maximise biogas and heat recovery	30-40%	-
Yang et al., 2016	-	Gasification and Combustion	Syngas generation	25.4-28.4%	Balingian and Mannheim WWTPs in Germany
Abourached et al., 2016	MFC	MFC	Cost minimization of the treatment process and energy generation	40% (MFC efficiency in electricity generation)	Food processing WW treatment in San Joaquin Vally, California
Subha et al., 2019	Up-flow anaerobic microbial fuel cell (UAMFC)	UAMFC	Maximizing power generation from organic fraction of WW	40-60% (104.9mW/m ²)	Muttathara WWTP in Trivandrum, India

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575 On the basis of the model analysed, we can conclude that the anaerobic digestion of sludge is
576 a widely explored option for electric recovery and heat pump for thermal energy recovery.
577 Although AD is widely used, it is highly recommended for medium to large scale WWTPs due
578 to its high sludge production rate and the high capital and operational cost of AD. Alongside
579 this, any WWTPs with poor quality sludge can co-digest the sludge with other locally available
580 organic waste to enhance the biogas production. This concept of co-digestion can also be
581 employed by small scale WWTPs by efficient planning. The other opportunity of energy
582 recovery for small plants with low sludge generation could be gasification, incineration
583 (combustion) and microalgae cultivation. These technologies can also be applied in
584 conjugation with AD at larger plants to reduce burden on landfills. Another energy recovery
585 technology is MFC, although seems efficient in energy generation, however further research is
586 required for its commercialization. Most of the energy recovery models seems to be plant
587 specific based on the treatment configuration and resource availability. These can only give an
588 overview of the available technologies, but none provide any benchmark for WW energy
589 recovery. There are no specific tools so far developed exclusively for energy recovery from the
590 WW, but some of these technologies are integrated with the renewable energy modelling tools

like HOMER, RETScreen etc. The carbon reduction reported in Table 2 is expressed as the percentage of the energy demand supplied from the recovered energy in the respective study.

6. Tools and opportunities for integrating local available renewable energy sources (R₃)

WWTPs have a good opportunity of generating its own energy from locally available renewable resources like hydropower (treated effluent) and solar energy. The use of locally available renewable energy sources can reduce the electricity supply from the grid and the relative CO₂ emissions. A group of researchers evaluated the potential of micro hydropower (MHP) for WWTPs in Ireland and UK (Power et al., 2014). According to this study, flowrate of the WWTPs is of significance in hydro turbine installation. The seasonal variations (especially the rainfall and precipitation) and feed-in-tariffs of the respective geographic locations are said to influence the power output and economic viability of the hydropower system. Considering these, this study recommends MHP installation for large scale plants (due to high flow) and onsite utilization of the generated power (for low payback period). Fluctuation in the WW flow can be a rate limiting factor for MHP. To address this, a small scale WWTP “Kiheung Respia” in Yongin (South Korea) with highly fluctuated WW flow was investigated (Chae et al., 2015). MHP system of this study consists of effluent forebay tank to store the treated effluent and transfers it to the micro-turbine through the pressurized penstock (water level tracker), a system bypass that is used to divert the flow during very high flow conditions, self-induction generator and sensors to measure the flow. A semi-Kaplan turbine with adjustable blades and simple mechanical structure was used in this process due to its high efficiency and cost-effectiveness. According to this study, steady energy generation ranges within 57-123% of designed flow with (0.35 m³/s) with turbine efficiency of 91.3% and overall electrical efficiency of 80.3%. It also reported that the system can work below the designed flow (< 23%) at lower efficiency. The efficiency of the turbine in this study was interpreted by the hill-chart diagram plotted with the model performance and prototype turbine data at varying conditions. Although the electric efficiency of this system is high, it can only supply 0.83% of the total electricity demand of the plant annually. High flow adjustability of this model provides an opportunity for WWTPs with extreme flow variations to assess their power generation potential through MHP (Chae et al., 2015). Head of the turbine is also of significance in MHP generation. Considering this, an evaluation model was developed by Ak et al (2017) for Tatlar WWTP in Ankara (Turkey) using multicriteria fuzzy-logic tool. Kaplan and Archimedean

screw are the two low-head hydropower technologies considered for this study. Archimedean screw turbine was reported as highly efficient low-head hydropower turbine. This is due to better power generation (34% total energy demand of WWTP), low construction time (nine months) and payback period (2.4 years).

Chae and Kang (2013) assessed sustainability of the Kiheung Respia municipal WWTP in Korea by integrating the renewable energy technologies such as Solar PV (100kW), Small Hydropower (SHP) (10kW) and thermal energy recovery by heat pump (HP) (25 refrigeration ton). Solar energy is a green and affordable energy with inexhaustible and inherent nature and can benefit in long-term energy planning (Zhang et al., 2013). The total energy demand of 2% was reported from solar PV positioned at optimum tilt angle. This was further increased to 6-8% by coating PV with super hydrophilic nanoparticles. Whereas, the SHP proved inefficient with very low energy generation (<1% of total energy demand) due to low turbine head. Evaluation of thermal energy potential of this plant reported in thermal energy greater than the demand of the plant. The electricity generation potential of PV and SHP was analysed using RETScreen energy modelling tool, whereas the thermal energy recovery was manually calculated using mathematical equations from the literature. An ordinary least square regression model was developed by Yang et al (2020) to evaluate energy self-sufficiency of the WWTPs and guide the policy makers in constructing new WWTPs (medium scale) in China. According to this study, WWTPs with influent COD of 200-400 mg/L and flowrate of 55K m³/d are more likely to attain higher energy self-sufficiency. Above 35% of thermal energy and 20% of the electric energy generation potential was reported with further increase in this percentage by renewable energy integration. Feasibility of sludge incineration was suggested for WWTPs with sludge water content below 57%.

Nguyen et al (2020) developed a power management model using Fuzzy-TOPSIS tool for optimal sizing of hybrid renewable energy and storage system for WWTPs. The optimal renewable energy configuration of the wind (5) and solar PV (165) was reported in 85% of the total energy demand of the plant considering economic and environmental demands. The total annual cost of this hybrid system was reported to be high with in electricity generation (AC) range of 10-70%. This was further suggested to decrease with reduction in the load and number of wind turbines at the study location. Another group of researchers tried to improve the environmental sustainability of WW treatment plants through electricity supply from solar PV (Han et al., 2013). Solar PV used in this study was without any battery storage to make the process economical. Here, aerobic-anoxic-anaerobic treatment of WW was carried out in a

single tank. The electricity supply from PV enhanced the aerobic and anoxic treatment of WW, thanks to the presence of sun (therefore electricity production) during the day and absence of sun in the night that led to anaerobic treatment of the WW. Finally, the resulted effluent of this process was proved efficient with great reduction in COD (88%), ammoniacal nitrogen (98%), total nitrogen (70%) and total phosphorous reduction (83%). Similarly, García-García et al (2015) evaluated electro-chemical treatment of industrial WW by power supply from ERDM 225TP/6 solar module with 1.50 m² catchment area. Here, electro-coagulation (EC) of the WW was conducted in monopolar electro-chemical cell with copper electrodes (anode and cathode) in batches for 50 minutes with the current supply of 1-3 A. Followed by electro-oxidation process in batches with a boron-doped diamond anode and copper electrode for 180 minutes (3 hr). Application of electro-oxidation was initiated due to poor efficiency of organic carbon removal by the electro-coagulation. This combined technology resulted in reduction of 70% TOC, 99.7% COD, 100% (colour) and 95% (turbidity) in the effluent. pH and current density of the process are reported as the significant factors for organic solids reduction in WW. A municipal WWTP in Benijing (China) with Anoxic-anaerobic-aerobic treatment evaluated its carbon neutrality by energy recovery (AD, heat pump) and renewable energy generation (solar PV) (Hao et al., 2015). About 50% of the plant electric and thermal energy supply was reported from anaerobic digestion of sludge and heat recovered from WW using heat pump. Whereas, the solar PV mounted on the top of the anaerobic digester contributed 10% of the total electricity demand of the plant. Another similar study was conducted by Taha and Al-Sa'ed (2017) for WWTPs in three Palestinian cities- Nablus, Al-Bireh and Altira. Conventional activated sludge, extended aeration and membrane bioreactor are the three WW treatment techniques at these plants that were supplied with the electricity from anaerobic digestion of sludge and solar PV. The power supply from PV was just a backup for emergency situations like power-cuts at pumping station. Supply of total electricity demand of the plant solar PV was reported as cost effective over Combined Heat and Power (CHP) of the biogas produced by AD. Alternatively, combination of grid connected CHP and off-grid solar PV was reported economical for the WWTPs in Palestine. Brandoni and Bošnjaković (2017) assessed the cost-effectiveness of renewable energy integration with WWTPs (with ASP and MBR) in Sub-Saharan Africa for efficient treatment of WW and its reuse in the agriculture. The assessment was carried out using renewable energy modelling tool 'HOMER'. This software is specifically developed to assess the optimal hybrid microgeneration system. Solar PV, Wind and AD are the energy sources considered in assessing and developing a hybrid micro-generation system for Bahir Dar town in Ethiopia, Sub-Saharan region. Different scenarios such as (i) baseline

(varying cost energy), (ii) emergency (use of diesel engine) and (iii) selling back the renewable electricity generated to grid was analysed. This assessment reported in supply of 33-55% of the total energy demand of the plant from renewable energy system at high investment cost. Ali et al (2020) demonstrated the energy generation potential and 100% renewable electricity utilization at WWTPs in Australia. Energy sources such as anaerobic digestion of sludge, biomass energy, solar energy (rooftop and centralised), wind and hydro were considered alongside the load-shifting of the WWTPs. Some WWTPs practice load shifting i.e., partial storage of the daytime WW influent in a storage tanks and treating in the night when the electricity cost is low (Simon-Várhelyi et al., 2020). Data of 30 WWTPs in Australia was collected on hourly basis for a year from Geographic Information System (GIS) and was simulated in MATLAB environment. The load-shifting of six hours and electricity generation from wind (39%), solar (29%), sludge digestion (1%) and biomass (31%) was suggested to make WWTPs in Australia carbon free. An overview of different modelling studies on WW treatment optimization, energy recovery technology and renewable energy integration are given in Table 3.

Table 3: Overview of the models on WW treatment energy optimization, Energy recovery technologies and Renewables

Reference	WW treatment technique	Energy recovery technology	Renewable technology	Energy optimization goal	Energy generation	Study location
Power et al., 2014	Not specified, however mainly based on Activated	-	Micro hydropower (MHP)	Minimisation of flow variation and payback	Up to 50%	Ireland and UK
Chae et al., 2015	-	-	MHP	Effluent flow	0.83%	Kiheung Respia WWTP in Yongin (South Korea)
Ak et al., 2017	-	-	MHP	Type of turbine and payback period	34%	Tatlar WWTP in Ankara (Turkey)
Chae and Kang et al., 2013	-	HP	Solar PV and Small hydropower	Optimizing size of the energy system	7-9% electricity and over 100% heat	Kiheung Respia municipal WWTP in Korea
Han et al., 2013	Oxidation ditch	-	Solar PV	COD, Nitrogen and	100% electricity	-

				Phosphorus removal			
García-García et al., 2015	Electro-coagulation and Electro-oxidation	-	Solar cell	TOC, Colour and Turbidity removal	COD, and	100%	-
Hao et al., 2015	-	AD and HP	Solar PV	Energy generation process		upto 60%	Municipal WWTP in Benijing (China)
Brandoni and Bošnjaković, 2016	Activated sludge process and Membrane bioreactor	AD	Solar PV and Wind	Optimal combination of energy sources		33-55%	Bahir Dahr, Ethiopia, Africa
Taha and Al-Sa'ed, 2017	Activated sludge process, Extended aeration and Membrane bioreactor	AD	Solar PV	Energy generation process		9-15%	WWTPs in Palestinian
Yang et al., 2020	Anaerobic-Anoxic-Aerobic (AAO) process	Incineration and HP	Solar PV	Optimal combination of energy generation at source (WW and renewables)		Above 40%	WWTPs in China
Nguyen et al., 2020	-	-	Solar PV, Wind, battery and hydrogen storage	Optimal combination of renewable energy and storage system		Approximately 85%	WWTP in Vietnam
Ali et al., 2020	NA	AD	Solar PV, Wind and Hydropower	Load-shifting and optimal combination of renewable energies		69%	WWTPs in Australia

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708 Most studies on WWTP energy integration have focused on solar energy, since it is the most
709 economic and widely applicable. Modelling studies on micro hydropower mentioned in this
710 section opens room of opportunity for WWTPs to become energy self-sufficient and carbon
711 neutral. But, the MHP is highly suitable for WWTPs with high flow rates i.e., for larger
712 WWTPs than the smaller ones. Larger WWTPs can be transformed to energy self-sufficient by
713 WW energy recovery and renewable energy integration. Whereas, the small scale WWTPs with
714 high energy demand and low/no scope of energy recovery from wastewater can be sustainable
715 and energy self-sufficient by integration of renewable energy sources locally available. The
716 idea of solar energy systems integrated with energy intensive treatment processes may be

replicated at the plants that are economically weak (like decentralised WW treatment and small-scale WWTPs). WWTPs that have already optimized the treatment processes and devices and partially supply the energy demand by WW energy recovery can evaluate the renewable energy potential of the plant using different energy modelling tools like HOMER and RETScreen. Load-shifting of WWTPs as per the design of the WWTP can also serve as one of the good options for cost cutting in WWTPs. Although, load-shifting reduces the cost of the WW treatment, it still contributes to carbon emissions due to electricity supply from grid (fossil fuel-based electricity).

7. Comparison of energy optimisation modelling tools and strategies for WWTP decarbonisation

Table 4 compares the main characteristics of all the models developed so far for the study of the use of energy in wastewater treatment facilities. The references reported in the previous Tables have been reported in Table 4 for a full comparison and to provide further information on different tools. Table 4 shows different categories: model type, modelling environment used (when specified), purpose of study, optimization goal, Water-Energy nexus focus, time frame, time series, validation, applicability and CO₂ reduction potential of the study. The category “Model type” gives information about the type of the model i.e., regression model or kinetic model or superstructure model or chemical equilibrium model etc, used in addressing the nexus issue by the respective studies. Main reason behind developing the model or tool i.e., parameters, technologies, treatment conditions etc are categorised as “Purpose of study”. The aim of the decarbonisation strategies (energy optimization) analysed such as energy reduction (R_1), energy recovery (R_2), renewable energy (R_3) is reported in the “Decarbonisation strategy” column. The time series and time frame considered in developing the model/tool and its validation at any WWTPs or community are mentioned under the respective category name. Flexibility of the model in terms of applicability to different size of WWTPs and geographic location are given under “Applicability”. The carbon emissions reduction (%) of different modelling studies are calculated based on the results achieved from the individual studies such as reduction in energy consumption or percentage of the energy demand covered from local available renewable sources or energy recovered from wastewater.

746 **Table 4:** Wastewater-Energy modelling studies by different researchers

Source of Information	Purpose of study	Water source	Input	Output	Model Type	Modelling environment	Time series	Time frame	Applicability	Validation	Decarboni sation strategy			CO ₂ emission reduction (%)
											R ₁	R ₂	R ₃	
Long and Cudney, 2012	Integration of Energy and Environmental system	WWTP	BOD, SS, FR and RF	Energy and emission efficiencies	Multi-linear regression	NA	Monthly	2 years	Any WWTP	Rolla, Missouri Southeast WWTP	✓	X	X	10-20 ^a
Novak and Horvat, 2012	Improve efficiency of aeration	WWTP	BOD, DO, FR, SRR, NH ₃ , NO ₂ ⁻ , NO ₃ ⁻	Reduction in the oxygen consumption	Mathematical	MATLAB/Simulink	Seconds	Hours	Any WWTP-aerobic process	WWTP in Croatia	✓	X	X	20-25 ^a
Dubreuil et al., 2013	Energy optimization for water allocation	Surface, ground, rain agriculture drained, saline and brackish, WW etc	WR and FR	Energy demand and efficiency	Bottom-up Energy model	TIAM-FR (CLEW)	Years	years	Any water and WWTP in Arid regions	NA	✓	X	X	5-30 ^b
Holenda et al., 2007	Improve aeration efficiency of aerobic process	WWTP	Average FR, OL and Nitrogen	Water quality and energy efficiency	Genetic algorithm	MATLAB	Hours	Days	Any WWTP-aerobic process	NA	✓	X	X	10 ^g
Ramli and Hamid, 2019	Minimize energy consumption	WWTP	WW flow	Power	Artificial Neural Network	SPSS	Months	Years	Any WWTP	NA	✓	X	X	2.23 ^b

Cao and Yang, 2020	Improving aerobic/anoxic treatment	WWTP	Influent and effluent quality, weather data	Treatment efficiency	Online Sequential Extreme Learning Machine	MATLAB	Days	Weeks	Any WWTP with aerobic/anoxic	NA	✓	X	X	Up to 40 ^b
Padrón-Páez et al., 2020	Sustainable designing of WWTPs	WWTP	Quality and quantity of WW, regional regulation	Level of treatment, optimum WW flowrates	MINLP, Lexicographic, constraints and TOPSIS	MATLAB and GAMS	-	Year	Any WWTP focusing on sustainable treatment	NA	✓	X	X	Up to 20.2 ^k
Molinos-Senante et al., 2015	Account the CO ₂ emission price	WWTP	Composition of the WW & FR	GHG emissions	Directional distance functional approach	NA	NA	NA	Any WWTP	NA	X	✓	X	>50 ^a
Stillwell et al., 2010	Implementation of sustainable energy policy	WWTP	FR, DS	Energy recovery	Mathematical	NA	NA	NA	WWTP >5mgd (million gallon per day)	NA	X	✓	X	Texas=4.7-83 ^g ; US=2.6-27 ^g
Yang and Shen, 2014	Energy recover using HP & SS-AD	Sewers (small community)	FR, OL & WW temperature	Thermal energy	NA	NA	Days	NA	Large flow plants	1000 houses residential area in USA	X	✓	X	8 ^a
Nowak et al., 2015	Energy recover using AD & HP	WWTP	COD & FR	Electricity	NA	NA	NA	Years	Any WWTP	NA	X	✓	X	>50 ^a
Khiewwijit et al., 2015	Potential of energy and nutrient recovery	WWTP	COD, TN, TP	Energy (electric and thermal) and CO ₂ emission reduction	Simulation	MS-Excel	NA	NA	Any WWTP	NA	X	✓	X	35 ^h

Yang et al., 2016	Energy recover by thermal technics	WWTP	OL & SMC	Electric energy	Chemical equilibrium	NA	NA	NA	Any WWTP with sludge treatment	NA	X	✓	X	25.4–28.4 ^d
Maalouf and El-Fadel, 2020	Integrated waste management and emission reduction	Municipal WW	Quality and quantity of MSW and WW, cost modules of respective processes	Cost of the Integrated waste management, emission reduction	Linear optimization	MS-Excel	Year	Years	Any Integrated waste management system	NA	X	✓	X	30-90 ^h
Power et al., 2014	Evaluated hydropower generation from WWTP outlet	WWTP	flow rate and head pressure	Electricity and payback	Evaluation	NA	Days	Years	Large WWTPs in urban area	NA	X	X	✓	Up to 50 ^d
Chae et al., 2015	Application of Hydro power at small scale municipal WWTPs	WWTP	FR, H	Electricity	Hill-Chart method	HydroHillChart	Hours	Year	Small scale WWTPs	NA	X	X	✓	0.83 ^d
Ak et al., 2017	Evaluation of low head hydropower technology	WWTP	Turbine head, FR, flow duration	Investment cost, payback period, energy generation performance, construction duration, fish-friendliness, and aeration capacity	Fuzzy logic	MATLAB/Simulink	Seconds	Year	Low head effluent discharge WWTPs	NA	X	X	✓	< 34 ^d

Nguyen et al., 2020	Optimal sizing of hybrid renewable energy and storage system	WWTP	Energy demand, cost modules, wind speed, solar irradiance	Cost, optimal size, reliability and CO2 emissions of the hybrid system	Fuzzy-TOPSIS	NA		Days	Year	Any WWTP	NA	X	X	✓	Around 85 ^d
Kretschmer et al., 2016	Transform WWTP into regional energy cell (heat recovery)	WWTP	FR, OL, TN, TP, TED, EED, SHC	Thermal (WW through HP & AD) and electric (AD) energy generated and process energy efficiency (Aerobic)	Process network synthesis (PNS)	MS-Excel		Years	NA	Any WWTP with sludge treatment	NA	✓	✓	X	>50 ^d
Soda et al., 2010	Evaluation of energy consumption of sludge treatment plant	WWTP	Sludge load, WC, Solid load	Energy efficiency of the sludge treatment and thermal energy recoverable	Analytical	NA		Days	NA	Any Sludge treatment plant	NA	✓	✓	X	>50 ^a
Larsen, 2015	Evaluation of CO ₂ neutrality processes of the WWTPs	WWTP & Sewer	COD, NH ₃ & WW temperature	Energy efficiency, recoverable thermal energy, N ₂ O & CH ₄ emissions	NA	NA		NA	NA	Any WWTP	NA	✓	✓	X	30-40 ^a
Puchongkavarin et al., 2015	Resource recover from WW	WWTP	COD, TN, TSS & TP	Energy and resources recoverable	Super structure	GPS-X TM and CAPDETWORKS TM		Hours	Years	Any WWTP	NA	✓	✓	X	10-50 ^d
Subha et al., 2019	Simultaneous WW treatment and energy generation	WWTP	COD, OLR, Flow rate	Optimum OLR, HRT, Electricity generated	Monod Kinetic model	NA		Hours	Days	Any lab scale experiment	NA	✓	✓	X	40-60 ^{id}

Abourached et al., 2016	Cost effective WW treatment and electricity generation	WWTP	Cost modules, HRT, COD, flow rate	Cost of treatment and electricity generation by MFC	NA	NA	Hours	NA	Lab scale	NA	✓	✓	X	40 ⁱ
Sun et al., 2020	Centralised and decentralised WW treatment and energy recovery (AD) of medium scale WWTPs	Residential WW and WWTP	WW quality (COD, TN, TP), sludge generated, cost modules of WW treatment and energy recovery	Sustainability (energy generated, CO2 reduced and potential of eutrophication) and resilience	Assessment	Analytical Hierarchy process	Days	Months	Regions with around 30K PE	NA	✓	✓	X	24 ^j
Longo et al., 2019	Energy benchmarking of the WWTP	WWTP	Water flow, Organic load (COD), TS, TSS, TN, TP	Energy consumption and load reduction	Mass-balance	ENERWATER	Yearly	NA	Any	NA	✓	✓	X	30-80 ^{df}
Torrehrossa et al., 2018	Energy optimization of WWTP	WWTP	AFR, BOD, biogas composition, sludge, pH and digester temperature	Final pH & Temperature of digester, SRT and biogas volume	Fuzzy logic, Support Vector Regression, Random Forest and Artificial Neural Network	Energy Online System (EOS)	Daily	Monthly and weekly	WWTPs in European Union only	Burg-Solingen (Germany) and Hidden-City (Netherlands)	✓	✓	X	50-80 ^{df}
Sarpong et al., 2019	Evaluation of energy self-sufficiency of the small	WWTP	Influent and effluent COD, Nitrogen and	Energy consumption, energy recovery and energy self-sufficiency	Mass-balance	NA	Day	Year	Small scale WWTPs	Gresham WWTP (USA) and Strass	✓	✓	X	35 to >100 ^d

	scale WWTPs		Phosphorus, Cost modules of WW treatment and energy recovery							WWTP (Austria)					
Han et al., 2013	Utilization of RE for aerobic WWT process	WWTP	COD, NH ₃ - N, TN, TP & Solar irradiance	Portable water and energy	Prediction model	NA	Days	NA	Solar resource availabl e WWTP	NA	✓	X	✓	100 ^e	
García- García et al., 2015	Effective pollutant removal from Industrial WW and energy generation	WWTP	COD, TOC and Solar irradiance	Clean/potable water and energy	Mass- balance	NA	Minutes	NA	Industria l WW (solar rich regions)	NA	✓	X	✓	100 ^e	
Chae and Kang, 2013	Energy self- sufficient WWTP	WWTP	T, SHC, η_{th} , FR, head of turbine and solar irradiance	Electrical (PV+SHP) and thermal (HP) energy and payback.	Evaluation	RETScreen	Monthly	Yearly	Any WWTP	NA	X	✓	✓	Up 5% ^d	to
Hao et al., 2015	To Achieve Energy neutral WWTP	WWTP	COD, T & Solar irradiance	Electric and thermal energy	Evaluation	NA	Days	Year	WWTPs in China	Municipal WWTP in Beijing, China	X	✓	✓	Up 60 ^d	to
Brandoni and Bošnjaković, 2016	To assess cost effectiveness of renewable energy integration to WWTPs	WWTP	Different renewable energy system efficiency, cost and lifespan	Levelized cost and configuration of the hybrid energy system	Assessme nt	HOMER	Hours	Years	WWTPs in Sub- Saharan Africa	NA	X	✓	✓	33-55 ^d	

Yang et al., 2020	Energy self-sufficiency guide for future WWTPs	WWTP	Influent quality, flow rate, WW temperature, surface area for PV, geographic coordinates, effluent temperature	Annual energy consumption of the plant, annual excess sludge production and carbon footprint of the bioreactor	Ordinary least square regression analysis	MATLAB and SPSS		Day	Year	WWTPs in China	NA	X	✓	✓	> 45 ^d
Ali et al., 2020	Zero carbon WWTPs	WWTP	WW treatment process, Cost modules, weather data	Energy demand, Energy generation potential, Optimal size of the renewable energy system	Simulation model	GIS and MATLAB		Hour	Year	Any WWTP	WWTPs in Australia	X	✓	✓	69 ^d
Taha and Al-Sa'ed, 2017	To make WWTP energy efficient	WWTP	BOD, SS, TN and solar irradiance	Energy efficiency and energy generated (PV)	Assessment	NA		Days	Year	NA	NA	✓	✓	✓	9-15 ^d
Zhang and Vesselinov, 2017	WEF Nexus	Ground, surface and recycled (WWTP)	Water, energy and food demand, availability of coal and natural gas, water resources	Electricity and Food production	Linear	Water-Energy-Food security nexus Optimization (WEFO)		NA	NA	NA	NA	X	X	X	NA
Daher and Mohtar, 2015	WEF Nexus	Surface, ground, rain and WWTP	Types and characteristics of food, water and energy system	Water requirement, local energy requirement, low carbon emissions, land requirements, financial	Dynamic	WEF Tool 2.0	Nexus			NA	NA	X	X	X	NA

					requirements, import energy consumption and carbon emission								
Giampietro et al., 2013 & 2014	WEF Nexus	All the available water sources	Socio- economic indicators (including workforce evolution), availability of the land, climate change impacts, characteriza tion of all flows.	Energy (fossil fuels & electricity), Water (drinking, domestic use, irrigation, industrial processes etc) and Food flow in the society	Flow fund	MuSIASEM		NA	NA	X	X	X	NA
							NA NA						
Shinde, 2017	WEF Nexus	Surface water (lake, river & sea), ground water, WW	Energy balance, water and food resources data for energy, energy types and systems, policy and regulations in energy context	Water, energy and food requirements for various scenarios. Cost associated with different scenarios, Acceptability of different policies through index-based approach	Nexus assessmen t model	IRENAS's Preliminary Nexus Assessment Tool		NA	NA	X	✓	X	NA
							NA NA						
Foreseer Beta, 2018	WEF Nexus	Surface and ground water, precipitati on, saline	Energy sources and systems; land use types and food characteristi	Natural resources supply, transformation and use, GHG emissions and other measures	Simulation	Foreseer		NA	NA	X	X	X	NA
							NA NA						

		water and WW	cs; water sources, systems and demands; socio-economic and policy related information	of stress (like ground water depletion)									
Martinez-Hernandez et al., 2017	WEF Nexus	WWTP & aquifers	Climate and ecosystem data, water, energy & food demand	Trends of ecosystem states and services, Demand satisfaction/resource sufficiency, Nexus resource overview, Export/import flows, Contribution analysis, Total emission/waste flows, Land use and Other indicators	Dynamic and algebraic	NexSym		NA	NA	X	X	X	NA
							NA	NA					
Kraucunas et al., 2015	WEF Nexus	Surface and ground water	Climate data, water resources and land availability, Available energy technologies	GHG emissions, Electricity load, Energy price, Electricity generation technology mix (includes biofuel), water availability (for power plants)	NA	PRIMA		NA	NA	X	X	X	NA
							NA	NA					

and
agriculture),

747 **Note:** AFR=Average flow rate, A_T=Alkalinity, BOD=Biochemical oxygen demand, COD=Chemical oxygen demand, DO= Dissolved oxygen,
748 DS=Dry solid content, EED= Electric energy demand, ER=energy recovery, FR=flow rate, η_{th} =Heat transfer efficiency, NH₃=Ammonia
749 Concentration, NO₂⁻=Nitrite concentration, NO₃⁻=Nitrate concentration, OL=Organic load, RE=Renewable energies, RF=Rainfall/precipitation,
750 SHC=Specific heat capacity, SMC=Sludge moisture content, SRR=Sludge recycling rate, SS=suspended solids, T=Temperature of the effluent,
751 TED=Thermal energy demand, TN=Total nitrogen, TOC=Total organic carbon, TP=Total phosphorus, TSS=Total suspended solids,
752 VFA=Volatile fatty acids, VSS=Volatile suspended solids, WC=Water content, WR=Water resources, SRT=Solid retention time, MTC=
753 Minimization of total cost of the system, MR=Maximizing revenue, UAMFC= Up-flow anaerobic microbial fuel cell.

754 a= Reduction in energy consumption (%) from (Georges et al., 2009); b= Reduction in energy consumption (%) from (Panepinto et al., 2016); c=
755 From (Hwang and Hanaki, 2000); d= Energy recovered or generated at site (%); e= All the electricity required for the process is from Solar
756 technology, considering 100% carbon emission reduction; f= (Gude, 2015); g= Carbon emission reduction equivalent to reduction in the energy
757 demand of WWTP (%); h= Carbon reduction mentioned in the article; i= Electricity generation efficiency of the system (Chen et al., 2013); j= %
758 of biogas produced; k= Energy reduction mentioned in the study.

Very few studies have focused so far on the water and energy issues together. In addition to the models discussed in the previous sections, Table 4 reports additional nexus tools that involve water and energy as components of the tool, but they were developed for a different purpose, mainly understanding the nexus between the use of energy, water and food. For those tools it is not always possible to clearly gather detailed information such as the WW treatment techniques applied, energy recovery solutions from WW. These tools include IRENA's Preliminary Nexus Assessment Tool (Shinde, 2017), Water-Energy-Food Security Nexus Optimization (WEFO) (Zhang and Vesselinov, 2017), Water Food Energy Nexus Tool 2.0 (Daher and Mohtar, 2015), Multi-scale Integrated Analysis of Societal and Ecosystem Metabolism (MuSIASEM) (Giampietro et al., 2013, 2014), Forseer (Forseer beta, 2018), NexSym (Martinez-Hernandez et al., 2017) and Platform for Regional Integrated Modelling and Analysis (PRIMA) tool (Kraucunas et al., 2015).

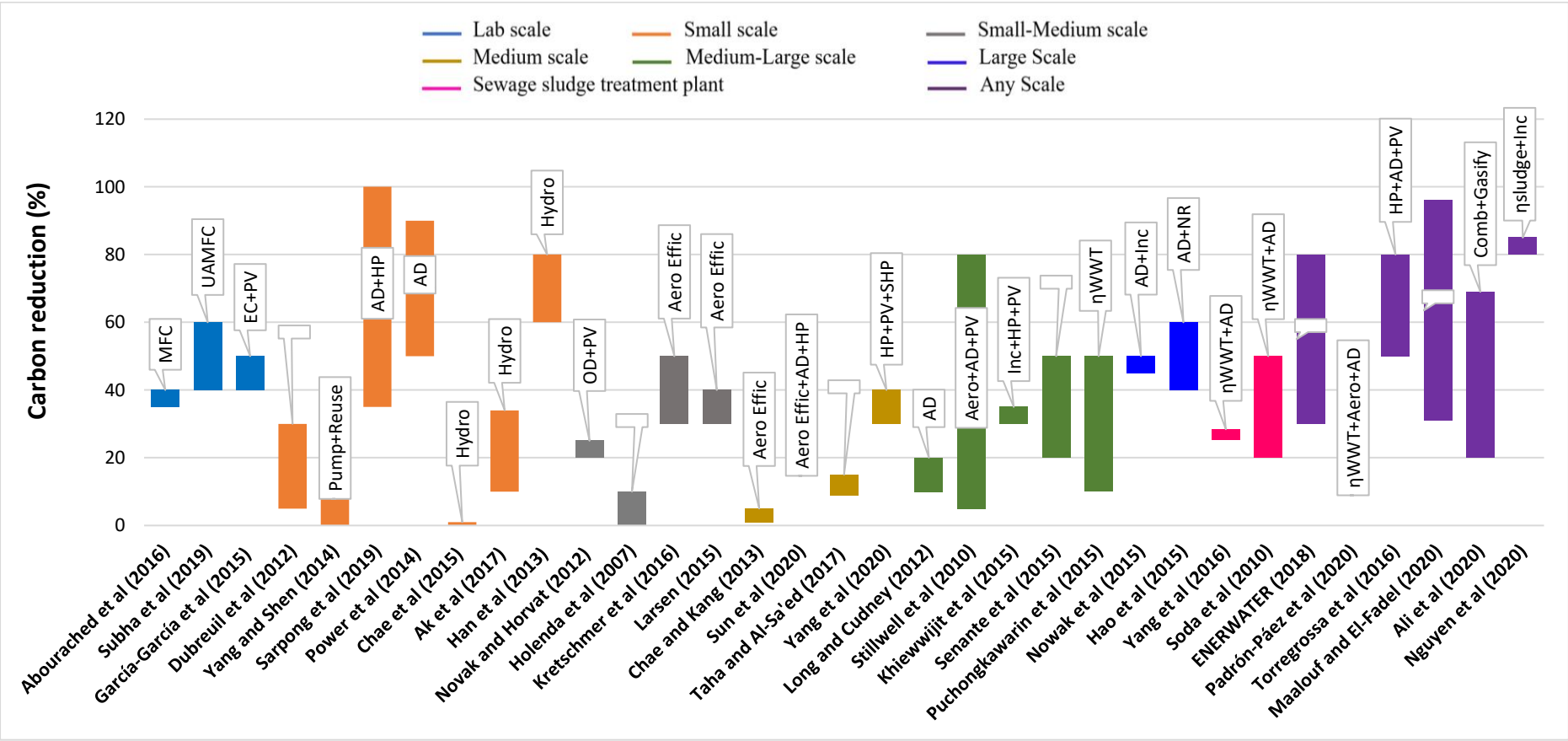
Most of the studies shown in Table 4 are aimed at improving the WWT process efficiency along with energy and resource recovery. Models are mostly analytical or deterministic (Mass balance models) providing a clear view of underlying process mechanism and energy consumption of specific treatment techniques such as Aerobic process, electric energy recovery by AD and MFC, thermal energy recovery etc.

Main reason for grouping all the modelling studies in Table 4 is to compare the level of decarbonisation strategies (3R's) discussed in different studies and identify gap in existing energy decarbonisation tools for WWTP application. The expected carbon reduction of different modelling studies is further compared in Figure 7. As already mentioned, the energy intensity of the WWTP (including sludge treatment) differs from plant to plant based on the quality of influent WW, treatment techniques employed and its efficiency. The optimal configuration of the WW treatment (i.e., selection of the treatment techniques) based on the influent WW quality and desired effluent quality is suggested to reduce the carbon footprint of the plant up to 20% (Long and Cudney, 2012). Optimization of the equipment and machines involved in the WW treatment can further reduce the energy demand (Ramli and Hamid, 2019). Energy recovery from sludge using AD can reduce the CO₂ emissions by 50% (Molinos-Senante et al., 2015). The most frequently used and efficient biological treatment technique is the activated sludge process which is also the main energy consumer in the WW process. Improving the energy efficiency (optimizing) of the aeration process can reduced carbon emissions between the 10-30%, as mentioned in the earlier sections and up to 40% with machine learning control strategies (Cao et Yang, 2020). When considering energy recovery

technologies, AD is the most commonly used for electricity and heat generation. AD not only treats the organic content of the sludge generated at the WWTP, but also generates up to 50% of the energy used by the plant based on (i) the energy content of the organic fraction of sludge and (ii) working conditions of the AD (Soda et al., 2010). Nowak et al (2015) reported that an increased energy efficiency of the AD by co-digestion of the sludge with other locally available organic waste can make WWTPs 100% carbon neutral. Integration of AD with other thermal techniques like incineration (under controlled conditions including gas capture) for sludge treatment can increase the energy production and reduce carbon footprint above 50. The value depends on the sludge availability and regional regulation (Stillwell et al., 2010). Heat recovery from sewer WW (using heat pumps) can reduce carbon emissions of about 8% (Yang and Shen, 2014). As already mentioned in the initial section of this paper that the thermal energy stored in the WW is higher than that demand, which can be supplied to the neighbourhood buildings (Kretschmer et al., 2016). WWTPs with less scope for organic energy recovery, especially small-scale WWTPs can reduce their carbon footprint in the range of 30-40% by optimizing their aerobic treatment process and by thermal energy recovery through wastewater heat pumps (Larsen, 2015). Supply of the electricity from the solar PV towards the biological treatment process (Han et al., 2013) or electro-chemical treatment process (Garcia-Garcia et al., 2015) can reduce the carbon footprint of the specific treatment techniques due to electricity supply from the renewable resource (:), however storage would be needed in order to provide a continuous load and due to the low power density of PV systems, the solution would require an excessive investment and large area available to be able to cover the energy demand of the most common activated sludge plants. Installation of micro hydropower turbine at low head WWTPs can reduce carbon emissions related to grid power consumption of about 30% (Ak et al., 2017), whereas the same strategy at large flow plants (urban WWTPs) can reduce carbon emissions associated with electricity consumption of up to 50% (Power et al., 2004). Integration of water pumps alone with solar PV can reduce 9-15% of the total energy demand and related carbon emissions (Taha and AL-Sa'ed, 2017). Plants with low scope for biochemical process of energy recovery can apply techniques such as gasification/combustion, which not only generated energy in the range of 25-28%, but also reduces the air emissions and reduces the waste volume to be disposed to landfill site (Yang et al., 2016).

Modelling studies on efficient WW treatment through electrochemical methods (García-García et al., 2015) and A²O (anoxic-anaerobic-oxic) process (Han et al., 2013) by electricity supply from solar PV have good CO₂ reduction but are limited in application i.e., to lab-scale and

825 small WWT facilities, respectively. Application of MFC (Subha et al., 2019) for electricity
826 generation and simultaneously treatment of WW has good potential to reduce carbon emission
827 from WW but are also limited similar to electro-chemical methods due to scalability issues.
828 The modelling works based on AD integration with heat pump (for heat recovery) (Yang and
829 Shen, 2014) or nutrient recover techniques (Khiewwijit et al., 2015) or aeration optimization
830 (Kretschmer et al., 2016) have achieved good carbon reduction efficiency, which ranges
831 between 40 to 60%. Further, the carbon reduction efficiency of WWTPs can be improved (up
832 to 80%) by integrating AD with thermo-chemical technologies like Pyrolysis, Gasification and
833 combustion, which not only helps in recovery of energy from the digested sludge, but also
834 reduces the quantity of sludge sent to landfills. Further, excess electricity generated at the
835 WWTPs can further be stored in hydrogen storage tank and can be utilised when required as
836 mentioned in Nguyen et al (2020).



839 **Figure 7.** Carbon reduction of different modelling studies on Water-Energy Nexus of WWTPs

840 (Note: η WWT= Improvement in the wastewater treatment process; MFC= Microbial fuel cell; EC= Electro-coagulation; PV= Solar photovoltaic
841 cell; Reuse= water reuse; Aero Effic= Improving efficiency of the aerobic treatment process by process parameter optimization; AD= Anaerobic

842 digester; HP= Heat pump; Hydro= Hydro power; OD= Oxidation ditch; SHP= Small-scale hydropower; Inc= Incineration; NR= Nutrient recovery;
843 Comb= Combustion; Gasify= Gasification; η sludge= Improving the sludge treatment; EB= Energy benchmarking; LS= Load-shifting; H₂=
844 Hydrogen storage).

845

846 **8. Conclusion**

847 WWTPs are reported as the highest energy consumers and CO₂ emitters among the water
848 industry, therefore it is important to access dedicated tools to investigate the best
849 decarbonisation strategies for WWTPs. The study shows that identifying the perfect tool is not
850 straightforward. Modelling tools available in literature have been developed with different
851 purposes, either for improving the efficiency of the energy used by the facility or for integrating
852 renewable energy sources. Furthermore, several modelling tools have been developed for
853 specific WWTPs. Energy Online System is one of the few examples that could be widely
854 applied for optimizing the use of energy intensive devices like pumps and blowers and
855 improving the efficiency of AD. Another interesting tool is ENERWATER, an energy
856 benchmarking model that can help wastewater managers to understand how efficient they use
857 energy. However, the benchmarks used come from data collected from some European
858 wastewater facilities and they are not always applicable to WWTPs belonging to other
859 geographic areas.

860 The studies analysed in the present paper clearly indicate that the complete decarbonisation of
861 the wastewater sector is possible, but only through the integration of both the energy saving
862 and renewable energy production technologies. The challenge is to access a decision support
863 tool that can help wastewater managers to identify all possible decarbonisation strategies and
864 prioritise the investments. Although, there are dedicated energy optimisation tools like
865 HOMER and RETscreen for renewable sources, such tools have not been developed for
866 wastewater applications. It is not possible to link the energy demand to the main WW
867 parameters and to assess energy saving initiatives. In authors' opinion there is still the need to
868 develop a single platform able to understand how to reduce the energy demand of the
869 wastewater process and to identify possible synergies between energy saving and renewable
870 sources exploitable in the wastewater facilities. The possibility to understand with a single tool
871 how to: i) use the excess electricity produced by intermittent renewable sources, ii) improve
872 the efficiency of the wastewater treatments, iii) shift the electrical loads to minimise the energy
873 consumption and iv) optimise the energy generation from programmable renewable sources,
874 could, for example, increase the energy self-sufficiency of the WWTP and therefore show a
875 better CO₂ emission reduction and profitability of the entire investment.

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